

# 2011 AQUAFEST RUN

## Tuesday, June 14

Sponsored  
By

**The  
Chronotype**

**WARRIORS**  
All-Sport Booster Club

 **Rice Lake  
Physical Therapy  
& Rehab Specialists**  
Rice Lake • Turtle Lake • Clear Lake • Spooner • Hayward

**KIDS IN MOTION**  
  
**PLAY FOUNDATION**  
Promoting Lively and Active Youth

 **Priority Health  
CHIROPRACTIC & WELLNESS**

 **ARROWHEAD  
FAMILY DENTAL**

<b>4th Annual PLAY Run - Grades K-5</b> No cost if you bring your activity log	<b>2-Mile Run</b> all ages
<b>2-Mile Walk</b> all ages	<b>10K Run</b> all ages

Check-in starts at 5pm - PLAY Run at 6:30pm, 2 mile & 10K at 6:45pm

**RACE START & FINISH IS AT TRAIL HEAD OF TUSCOBIA STATE TRAIL**  
4 Miles North of Rainbow Home Center on Hwy. SS  
Awards to be presented after each race is completed.

- Refreshments Provided • Snacks provided by Main Street Market Whole Foods Co-op on Main St., Rice Lake
  - Mark Smith, P.T., will be available to answer questions regarding fitness and will have a Runners Clinic question/answer before and after the race.
- Contact Ted Romportl at 715-651-4712 for further information.

### Preregister at Rice Lake Chamber of Commerce Office

\$15.00 for Preregistration by June 8 - T-shirt guaranteed  
Add \$5.00 for a Wick Dry Shirt

\$20.00 Day of Race at trail head - T-shirts are as supplies last  
\$12.00 for no t-shirt - Preregister or Day of Race

Preregistration at or mail completed form with payment to:  
Rice Lake Chamber of Commerce Office, 37 S. Main St., Rice Lake, WI 54868

- Make checks payable to Warrior Booster Club

Name \_\_\_\_\_ M/F \_\_\_\_\_ Age \_\_\_\_\_  
Address \_\_\_\_\_ Phone \_\_\_\_\_  
City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Circle Race Entered: ½ Mile PLAY Run (No cost-No Shirts)

2-Mile Run / 2-Mile Walk / 10K Run

Circle Shirt Size: S / M / L / XL / XXL / No Shirt

Circle Shirt Style: Sleeveless / Regular / Wick Dry

Regular T-shirts will be available. Circle choice if you have a preference.

Waiver forms will need to be signed at check-in before the race by each participant, parent or guardian.